

one - fertility

Asia's leading community empowering your journey having a baby



Choosing the 'right' Clinic or Doctor

Everybody is different. Everybody has different preferences.

Private versus Public Hospital/ Clinics

Ask yourself what kind of style you prefer. Private fertility clinics tend to have a more individual approach compared to a public approach. Check for offerings of the clinic such as a private tour and get to know the team. A public hospital might offer public speeches or seminars.

Private clinics tend to offer more privacy in a less hospital style environment.

Private and public fertility center differ in their consulting fee structures.

Find out if your desired clinic has an own lab or is working with an outsourced lab. Why? Generally an own attached lab to the clinic is more determined to contribute to the overall success as performance is more transparent.

Do you know the Embryologist and the team such as nurses? Your Doctor is the facilitator and communicator. Most actions and time you will spend with his team. When undergoing IVF the Embryologist is the most important person, handling your precious cells, eggs and sperm. Think about how this person should be.

Carefully check what the success rates of the clinic are based on. Does it mean pregnancies, good quality embryos, and number of clients or what?

Today there are different techniques available: freezing of eggs or embryos, fresh and frozen IVF cycles. There are slow and fast freezing / thawing techniques. Check what your desired clinic offers.

On your journey of having a baby you should feel comfortable with your center of choice: an approachable doctor, a friendly and qualified team of nurses and embryologists, an amicable environment and an empowered client.

Your one-fertility Team,



One-Fertility is an online community that empowers couples along their journey to parenthood. One-fertility provides options, alternatives and is no replacement for a medical treatment. Maika is Fertility Coach certified by Fertility Asia.

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QUICK FACTS

- ❖ You are not sick. **You are a client** not a patient. You just have a desire for a baby.
- ❖ Singapore currently has **7 private IVF center**, **3 public hospitals**
- ❖ **Costs** for fertility treatments in **private clinics are 2-3 times higher** than in public institutions.
- ❖ Besides a good rapport with the Doctor, **get to know nurses and embryologist**. You will spend more time with them.
- ❖ Does the clinic has an **own lab** or is the **lab outsourced**?
- ❖ What are the **methods and options at the clinic**: freezing, thawing process?
- ❖ Consider you private plans. Are you relocating or move countries? It is difficult to carry your frozen cells along.

FURTHER INFO / EVENTS

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